


MEDICATIONS TO AVOID MINIMUM 7 DAYS PRIOR TO APPOINTMENT
Antihistamines

Actifed
 Alavert
 Allegra
 Allegra D
 Atarax
 Atrohist
 Benadryl
 Bromphed
 Bromphed PD
 Brompheniramine
 Brovex
 Cetirizine
 Chlorpheniramine
 Chlortrimeton
 Clarinex
 Clarinex D
 Claritin
 Claritin D
 Clemastine
 Cyproheptadine
 Dexodryl
 Dimetapp
 Diphenhydramine
 Doxylamine
 Drixoral
 Duradryl
 Duratap
 Extendryl
 Fexofenadine
 Histex
 Histussin
 Hydroxyzine
 Kronofed-A
 Kronofed-A Jr
 Loratadine
 Naldecon
 Nalex

Novahistine
 Nyquil
 Omnihist
 Pediox
 Periactin
 Pheniramine
 Pylamine
 Pyrlex
 Pyrlex CB
 Rescon
 Rondec
 Rynatann
 Semprex
 Sudal
 Tavist
 Triaminic
 Tussi-12
 Tussionex
 Tylenol Allergy
 Tylenol Cold
 Tylenol Children's Cough
 Runny Nose/Cold/Plus Flu
 Vistaril
 Xyzal
 Zyrtec
 Zyrtec D

Anti-Depressants

(only at the advice of the prescribing physician)

Amitripyline
 Clomipramine
 Desipramine
 Doxepin
 Elavil
 Imipramine
 Norpramin
 Pamelor
 Saphris
 Sinequan
 Tofranil

Sleep Aids

Tylenol PM
 Theraflu Nighttime
 Unisom

MEDICATIONS OK TO USE
Nasal Sprays

Afrin (Oxymetazoline)
 Atrovent
 Beconase
 Flonase
 Fluticasone
 Nasocort AQ
 Nasonex
 Phenylephrine
 Rhinocort
 Veramyst
 Xhance

Derm Meds

Atopiclair
 Elidel
 Mimyx
 Protopic
 Steroid Creams

Respiratory Meds

Accolate
 Advair
 Albuterol
 Atrovent
 Flovent
 Montelukast
 Pulmicort
 Singulair
 Theophylline
 Ventolin
 Xopenex

Decongestants/Expectorants

Carbapentane
 Delsym
 Dextromethorphan
 Duratuss
 Duravent
 Entex LA, PSE
 Guaifenisin
 Humabid
 Phenylephrine
 Rescon GG
 Respi-Tann, Respi-Tann G
 Robitussin PD, DM
 Sudafed, PE
 Triaminic Yellow
 Z-Cof DM

Meds for ADHD /Other

Cylert
 Paxil
 Prozac
 Ritalin
 Wellbutrin
 Zoloft

Reflux Meds

Aciphex
 Nexium
 Omeprazole
 Prevacid
 Prilosec
 Protonix
 Zegerid
 Oral Steroids